

# How to Look Better and Feel Better by Simply Correcting Your Posture

[Image of person in pain holding back or neck]

Many people experience problems due to poor posture, even to the extent of suffering aggravating pain on a daily basis. Poor posture is known to cause back pain, neck pain and shoulder pain, together with headaches and loss of concentration.

[image of person hunched over alongside person standing firmly upright]

What many people don't realize is that poor posture can also affect the way you physically look, in terms of body shape. There's nothing attractive about an arched back, drooping or rounded shoulders and a pot belly. According to medical experts, bad posture can also be responsible for digestive problems, poor circulation, fatigue and stress.

[Image of someone slouched over a desk working on computer]

The main cause of poor posture is sitting at a desk working on a computer. It's something many of us have to do every day. It's no surprise that slouching over a desk for hours at a time is obviously going to take its toll on the body... but did you ever think it could be the cause of so many negative effects?

[Image of someone wearing HeroFix]

The good news is poor posture can be corrected and even prevented by simply taking a few precautions. The **HeroFix** Posture Reminder is designed to help correct your posture, especially when sitting down at a desk or just watching TV in a chair.

This simple but highly effective device will help pull back your shoulders and straighten your back, so there is less pressure on your skeletal supporting muscles and less strain on your spine.

[Images showing the device – not worn]

The lightweight **HeroFix** Posture Reminder is made from quality, padded fabric and has been tried, tested and proven to help correct your body posture, effectively relieving pain from neck, shoulders and back areas. And that's not all...

## What HeroFix Can Do For You...

- You only need to wear the fully adjustable posture corrector for a few hours a day to experience its powerful effect. Although it has been reported that some people have felt the benefit of wearing the **HeroFix** Posture Reminder... instantly!
- The **HeroFix** Posture Reminder will help to improve and correct your natural posture, making you look taller and thinner. Standing and sitting in a firm and upright position helps to pull in your tummy and tone your body shape too.
- An improved posture can also help relieve stress, strain and tension on back and neck muscles, which can, and often does cause headaches. The **HeroFix** Posture Reminder can also help with circulation and other problems caused by fatigue.
- Wearing the **HeroFix** Posture Reminder for just 2-4 hours a day can help you concentrate better because you won't be preoccupied, worrying about the pain you are feeling. Those pleasant after-effects can help put you in a more positive mood and help get you motivated to become more productive at work and to enjoy life again... pain free.

## Never Too Young...

[Image of young person at desk or computer]

Younger people may not immediately feel the effects of poor posture but as the years roll on they almost certainly will. It's never too soon to become posture aware and to take action in preventing problems occurring in later years.

## Beware False Information...

\* It should be noted that posture correction devices are not intended for back pain sufferers who have spinal or spinal nerve problems such as sciatica or slipped discs.

There is a lot of misinformation about posture correction and some of the claims are totally unfounded. The **HeroFix** Posture Reminder does exactly what we say it does or your money back.... **Guaranteed!**

## FREE BONUS #1

Order your **HeroFix** Posture Reminder today and receive a complimentary ebook outlining 8 simple but highly effective exercises, which will help improve your posture and body tone. Doctors recommend stretching and exercising to keep muscles flexible. You'll also feel more energized after each short workout.

## FREE BONUS #2

Your **HeroFix** Posture Reminder comes with a free and convenient resistance band, which you can use anywhere and at any time to ensure you keep those essential back and shoulder muscles working effectively. Resistance training will help to build and tone your muscles for additional upper strength.

[\[Order button\]](#)

Remember! The **HeroFix** Posture Reminder is designed to remind you to keep your back upright and your shoulders pulled back. Once worn, you'll wonder how you ever managed without it.