

Product listing / description

MySuperFoods Organic Spirulina Powder

Organic Spirulina Powder from MySuperFoods contains some of the most important nutrients and macro nutrients, essential for human body health and muscle growth. It is exceptionally rich in protein and other vital trace elements such as calcium, which is essential for healthy teeth and bones, magnesium and iodine. The body uses Magnesium to process more than 300 chemical reactions in the body. It helps maintain a healthy immune system, regulate blood glucose levels and keeps the heart beating at a regular pace. Iodine is needed to control the body's metabolism and make thyroid hormones.

Spirulina (*Arthrospira platensis* and *Arthrospira maxima*) are naturally occurring algae, which flourish in clean, tropical and sub-tropical lakes with a high pH value and high concentrations of carbonate and bi-carbonate. Due to its unique health and energy properties, Spirulina has become a very popular food supplement throughout the world and is highly recommended and valued by dietary and nutrition specialists. In its dried powder form, 100g of Spirulina provides around one fifth of the body's essential nutrient intake, including the B vitamins thiamine and riboflavin.

Iron, phosphorus, potassium and sodium are other important minerals, which are present in the Spirulina, together with key proteins such as lysine, arginine, alanine and leucine. The vast combination of minerals, nutrients and vitamins are very beneficial to the human body helping to maintain normal blood pressure, muscle growth and function, blood circulation and the free transport of oxygen around the body. These elements are also known to support of the immune, nervous and digestive systems, whilst improving overall skin quality.

This totally natural food product contains no added colourants or preservatives and is dairy and gluten free, making it suitable for vegan, vegetarian and those with special dietary needs. MySuperFoods source only the very highest quality Spirulina from the most trusted and eco-friendly producers in the world. All products are independently tested for purity and nutrient levels before careful processing and packaging. Our product has been certified organic by the Soil Association.

We operate a full money back policy. Should any of our customers be unhappy with their purchase for any reason whatsoever, we offer a full no quibble refund. There is not charge for delivery.