# Discover How You Can Quickly and Easily Master the Sensual Skill of Full Body Massage... And Have Your Client or Your Partner Begging You for More

#### Dear Friend,

How would you like the unique opportunity to learn how to master the sensual art of professional body massage **for Profit and for Pleasure**... and all within just a few hours?

Well, before you even think about it, just take a few minutes to read this report and you'll find out how this desirable skill could literally change your life... for the better!

You see, being able to perform a professional massage can put you in a very powerful position. Not only will you have the essential skills to help relieve a person's aches and pains and alleviate stress and tension, you will also find that massage therapy offers you an opportunity to make a very good living.

When you learn the secrets of delivering the perfectly performed body massage, whether for pleasure or for profit, one thing is virtually guaranteed...

...the recipient will be like putty in your hands.

#### You will be in complete control.

Your subject will be at the mercy of your finger tips as you manipulate their muscles, nerves and joints.

With their eyes firmly closed and their mind drifting into a state of total relaxation, you will soon become aware of your own personal power and influence...



This sense of control will be reinforced in your mind as you operate your "magic touch", which is often greeted by the gentle sound of ecstatic moans... culminating in expressions of sheer delight and pleasure.

#### Oh yes! No one ever forgets a really good massage.

And if you are the person performing this act... then no one will ever forget you!

So get it right and not only will your client or your partner come back pleading and begging for more, they just won't be able to stop telling all their friends about your amazing 'hands-on' skills too.

It won't take long for word to get around, which can only be good for you because you'll have any number of "guinea pigs" to practice on. The more times you can perform your massage techniques, the better your chance of perfecting your new skills.

Just think about all the benefits of being a freelance massage therapist.

- You will be able to choose your own clients
- You will be able to choose the hours you want to work
- You could provide a visiting service or have clients visit you
- You can even charge up to £50 an hour for your services

#### Or you could just have a lot of fun!

But, if you really don't want to take the first vital step to becoming a fully professional massage therapist, then just imagine how popular you will become amongst your close friends and family.

Consider this... Do you personally know anyone who is a practicing masseuse?

No... exactly! So here's your big chance.

Can you really see anyone you know refusing a free full body, head or facial massage? No way! It's very unlikely.

It's much more likely that you will have a waiting list of eager volunteers.

Just think of all the people you know who would like to experience a full body massage. Then think of all the people you know...

... who YOU would like to offer a free full body massage to.

It's all beginning to sound like fun, right?

### There's No Need to Attend a Training Course and Pay Hundreds of Pounds

Many people think they can perform a massage without any kind of training, but they'd be very wrong.

It's really no fun for the recipient if you don't know how much pressure to apply and where to apply it. And it's really no barrel of laughs either if you don't know when and how to use your fingers, your knuckles and the palms of your hands.

Like any skill, learning to provide a professional and totally relaxing massage takes a little time to master. But, the good news is... you don't have to sign up for a 10 week training course and you don't have to pay hundreds of pounds either.

You can still get full-on expert training from a fully qualified professional at a fraction of the cost of any massage therapy course.

#### How?

Well, you can now learn everything you need to know in the comfort and privacy of your own home with *The Extreme Massage Method*... and what's more... you could learn all you need to know within just a few short hours!

The best way to get started in the massage therapy business is to simply watch the professionals at work.

What could be simpler than popping a disk into your DVD player then sit back and watch as a full body massage is performed, explained and demonstrated in every single detail.

As soon as you have watched this exceptional quality recording, you'll want to get started right away because...

You'll then know how to...

- Put your subject at ease so that they completely trust you
- Apply essential lubricating oils with just the right sensitivity
- Use your palms, knuckles and fingertips to deliver the most stimulating effects
- Soothe away muscle aches and pains
- Relieve tension, stress and anxiety
- Place your subject into a state of total relaxation and contentment
- Re-energise, revitalise and make your subject feel completely rejuvenated
- Leave every inch of your subject's body feeling completely invigorated

Is it any wonder why a full body massage is so desirable?

But you should be very careful how you use it!

Why?...



Because, if you were to apply your newly acquired sensual techniques on a very special loved one...

...well, who knows where it might lead.

A sensual, physical massage can do a lot more than heal a tired and aching body... it can also help rejuvenate a flagging relationship and create a closer bond between partners.

That reason alone is a good enough excuse to at least try **The Extreme Massage Method.** 

Well, don't you think so?

Okay... getting back on track...

You will also learn about how to massage various parts of the body including the chest, the neck, arms, abdomen, legs, buttocks and back.

Each area often requires a different technique and rhythm, but they all require your personal and professional touch.

Plus you'll get a full rundown on all the tools required. But, as you might imagine there are very few tools needed besides towels, oils, a smile and some relaxing background music.

# Uncover the Secrets and Develop a Skill for Life

When you learn how to perform a full body massage using the system and techniques shown in *The Extreme Massage Method*, you will be developing a skill that will stay with you all your life. Like riding a bicycle it's something you will never forget how to do, and it can only get better and better each time you apply your expertise.

Massage is one of the most desired services sought by people from all over the world and from all walks of life, and not just as a means of relaxation and leisure. There is also a very serious side to providing massage services, which ensures that this service will always be in high demand.

It has been known for centuries that body massage has many therapeutic effects. It can make a person feel healthier and is beneficial to their overall well-being.

In many ways body massage can be described as a holistic therapy because it is seen as a "treatment", which can have a profound affect on the well-being of the body, the mind and the spirit.

Some people also consider body massage to be a complimentary or even an alternative to certain areas of conventional medicine. This is because a massage can help relieve pain and speed up the injury healing process.

It can also help reduce the possibility of injury by loosening the muscles and keeping the body in a much more flexible condition.

Massage also stimulates blood circulation within areas of the skin and throughout the muscle tissue. Due to the action of manipulation on the body, blood is encouraged to flow to the surface of the skin. This is also said to reduce the formation of cellulite on the legs, thighs and buttocks.

What's more...

Body massage is known to have a substantially beneficial effect on the immune system, encouraging it to function better and respond quicker when necessary.

So, there's much more to a good body massage than you might have first imagined. But...

There are times... and circumstances... when you should definitely NOT give someone a massage. Don't worry... it's all explained in *The Extreme Massage Method*.

To learn more and become a fully proficient masseuse you only need to watch and learn from a fully qualified professional massage therapist, as they demonstrate the various techniques.

And... **The Extreme Massage Method** is a dedicated training programme that does just that!

# Is There Anything Better Than a Full Body Massage?

#### YES there is!!!

Just combine it with an **Indian Head Massage** and a **Facial Massage!** 

#### That's right!

You'll be interested to know that the **Full Body Massage** is just one essential component of **The Extreme Massage Method** package.

The package consists of 3 quality massage training DVDs, each complimenting each other and each forming a significant part of *The Extreme Massage Method*.



Because there are several recognised massage techniques, we have included training in what we consider to be the 3 most important of these techniques. This will give you a wider, broader and more in-depth experience, which you can use to develop your skills even further.

As the name implies, **Indian Head Massage** originated in India more than a thousand years ago.

**Indian Head Massage** is concentrated on the head, neck and shoulders and helps remove stress and muscular tension. The process for performing this type of massage is different to the full body massage as you will see.

It involves the application of acupressure and shiatsu, which focuses on using the thumbs and palms to areas of the body more usually associated with the practice of acupuncture.

It is also said to aid the removal of toxins and waste products from within the body as well as relieving the effects of anxiety.

In the west, it is more commonly used as an aid for the relief of headaches and migraines, eyestrain, tinnitus, insomnia, nasal congestion and to help slowdown the loss of hair from the head.

The most convenient aspect of this massage technique is that it can be applied anywhere, as all that is needed is a chair. The subject can remain fully clothed and the whole process takes as little as 30 minutes.

Typically, attending a one-day course in **Indian Head Massage** would cost between £80 and £100. And it's just one part of **The Extreme Massage Method**.

So now there can be no more of those old headache excuses.

# Why Everyone is Going to Love You When You Master This Technique

#### Want to know why?

It's all about **Facial Massage**.

And the power to make someone look younger...

Some people, and today this applies equally to both male and female, will spend a small fortune on their faces, hoping perhaps that one day their face will become their fortune.

Well, let's face it!

No one likes to look old and that's why the cosmetic industry is worth billions. We spend millions and millions of pounds each and every year on facial creams and lotions, face packs and anti-aging remedies.



Do they work? Well it seems the more you pay the better these treatments are. But if all else fails then there's always the surgeon's knife... and of course a massive drain on the bank balance. Oh, if only...

If only they knew about the beauty of **Facial Massage!** 

**Facial Massage** is best practised on people whose facial skin is still supple but even for older people it

can help reduce the signs of further aging.

By manipulating the tender facial muscles you can stimulate the blood flow to the tiny facial blood vessels, which helps to rejuvenate the delicate skin all around the face.

Because the blood vessels in the face are much closer to the surface, and the facial skin itself is much thinner than on other areas of the body, the blood vessels will quickly respond to the special **Facial Massage** techniques.

The face is also well equipped with many small and slightly tender facial muscles, nestling together amongst a generous helping of sensitive nerve endings, all of which are just screaming out to be touched and stimulated.

Areas which might require your immediate attention include the cheeks, nose and chin, the eyes and forehead and those all important mouth and lips.

Again, the massage techniques used for this operation are very different from those used in **Full Body Massage** and **Indian Head Massage**.

The result of your delicate work will be visibly firmer and plumper skin with a healthy pinkish glow, which can be achieved in a relatively short time, making you the hero of the day or even the flavour of the month!

**Facial Massage** is probably one of the most popular and sought-after massage therapies around today. Knowing how to deliver a perfect **Facial Massage** could make you very, very popular amongst your friends and family.

#### And it could even make you very rich!

This truly amazing training programme is all part of *The Extreme Massage Method*, which can be yours to keep and treasure forever.

Unlike attending a training course, where you have a limited time to learn everything, you can now simply watch these massage training videos over and over anytime you want.

You will be under no pressure whatsoever, so you can learn at a pace that best suits you.

# How to Secure Your Copy of the Extreme Massage Method DVD Training Programme Today

This quality DVD recording has been filmed specially for people just like you, who are curious and interested in learning the art of sensual massage, either as a hobby or as a career choice.

Each recording features the fully illustrated skills of a professional massage therapist. And all the techniques used in the videos are fully demonstrated and explained in every detail.

All you have to do is simply watch and learn as each special procedure is revealed and performed.

As you watch these videos you'll soon realise that you don't need any previous experience or knowledge of massage and you certainly don't need any medical training.

You'll also see that you don't really need any special equipment.



You'll learn about structuring the right surroundings to help create the perfect atmosphere, which will immediately put your subject at ease.

You'll learn about using the most effective essential oils, how to create the perfect ambience and even what towels you should use.

You'll learn about the many ways you can use the palms of your hands, your knuckles and your fingers to generate the most desired effects and ultimate responses.

Just like magic, you'll learn how to relieve the tension from every part of the body and how to bring about a state of total relaxation in your subject.

The **Full Body Massage**, from head to toe, is one of the most wonderful experiences you could ever provide for another human being. You will leave you subject feeling happy, relaxed, pain free and at peace with the world.

The **Indian Head Massage** will leave your subject feeling totally stress free and ready to deal with whatever life throws at them.

The **Facial Massage** will leave your eager subject wondering when they can next book the earliest appointment to see you again.

A professional masseuse can earn up to £50 an hour, but the sheer pleasure and joy you can bring to others by providing your dedicated service is... priceless.

Reserve your copy of *The Extreme Massage Method* DVD set today, and savour the satisfaction of providing someone with an overwhelming experience of "heavenly bliss".

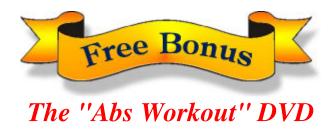
#### A Special Message From The Publishers

"I'm Andrew Brown, managing director of Belfrey Publishing, and this is the first time *The Extreme Massage Method* DVD set has been made available by our company.

I believe in giving our customers good value for money by offering selected quality products only, at well below the recommended retail prices. I also believe in over delivering when it comes to customer service.

Now, because this is a special introductory offer, I have decided to give away 2 excellent bonus products, absolutely free, to all customers who order a copy of the *The Extreme Massage Method* DVD set within the next 3 days".

#### So, what are these 2 bonus products we're giving away free?



#### Massage is all about feeling good, but what about looking good?



Want to get your body into shape?

The "**Abs Workout**" DVD will show you how you can get a firm, trim and sculptured body together with a flat stomach everyone will admire. It's for guys who want that dream 6 pack and for ladies who want that firm, flat tummy.

Most people who have tried dieting will agree that diets just don't work. What you need is a proper

exercise schedule that you must stick to... and unfortunately that's the hardest part.

These days everyone seems to be impatient and want to see results right away, so when you start an exercise routine, if you don't see results within a few days or weeks, you are very likely to give up... thinking it's not working. But that's a big mistake!

If you haven't done any exercise for a while and then you start "working out" it will take a few weeks for your body to respond. You see, to put it in simple terms, it might take a little while for your body to realise what's happening. But when it does, you WILL see a real difference.

When the body starts to respond to regular exercise and you begin to see the results, it motivates you to want to do more. And the more you do, the better you will begin to look.

It's a brilliant, fantastic and amazing cycle of events! But you just need to get the momentum started.

What you have to realise is losing weight and getting fit with regular exercise is at first a mind game. But once you get your mind ready and

believe in yourself, believe that you can do it, then you will already be more than half way to getting the body you want.

The "**Abs Workout**" DVD has been designed to show you how to get slim and trim and how to stay motivated. It focuses on the success principals, which includes setting step by step goals.

If you start off thinking you want to lose 30 pounds and after 3 weeks you only lose 2 pounds, then you will find yourself nose-diving towards a negative thinking process. This is why most people generally give up. It's because they just can't see enough progress for all of their hard efforts.

But, if you start off thinking "I want to lose 4 pounds in 2 weeks", and you lose 3 pounds, you are more than half way to reaching your goal. It then becomes easier to reach your goals each time you set a new one. It's a bit like the question... "How do you eat an elephant?" Answer... "One bite at a time".

Also included in this educational, motivational and inspiring video recording is some valuable information about foods that actually help to stimulate fat loss.

That's right! Foods that help to speed up your body's metabolism so you can lose weight faster.

This fantastic DVD recording is valued at £19.95 and it's yours completely free when you order your copy of *The Extreme Massage Method*.



The 3 Day Workout

Still want to get fit, healthy and look great but don't have the time to go to a gym or spend hours working out every day?

No problem!

**The 3 Day Workout** training programme is the answer to getting the body shape you want... but in much less time.

This exercise programme is short and rigorous but gets results. It is designed to be carried out over 3 days a week, which means you will exercise on day one, day three and day five. What could be easier?

There's no special equipment needed for these exercises, and all you have to do is follow the video demonstration. If you want a tight, sexy and lean body, then you really do need to see this DVD.

If you haven't exercised for a while then you might find this rigorous routine a bit demanding, but don't worry. You can gradually build up to full speed over a period of time. You can simply tailor these routines to suit you, but remember... If it ain't hurtin' then it ain't workin'.

Obviously when you get used to working through these exercises you will get better results by simply doing more. But... there's really nothing difficult about this 3 day routine, and anyone can very easily do it.

**The 3 Day Workout** DVD is valued at £11.95 and it's yours completely free when you order your copy of **The Extreme Massage Method.** 

### The Quality & Value Promise

This whole package is simply oozing with quality and great value.

If you could buy these products separately then you could expect to pay much more than the cost of **The Extreme Massage Method**, which is just £59.00 including postage, packing and insurance.

- The **Full Body Massage** DVD is valued at £37.95
- The **Indian Head Massage** DVD is valued at £29.95
- $lap{1}{2}$  The **Facial Massage** DVD is valued at £27.95
- The **Abs Workout** DVD is valued at £19.95
- The **3 Day Workout** DVD is valued at £11.95

That's a total value of £127.75 and it's all yours for just £59.00

You won't find better quality products at this all inclusive price anywhere.

And there's more...

### 30 Day, No Quibble, Risk Free Money Back Guarantee



## We want you to be 100% satisfied with your purchase, so we're willing to take all of the risk!

Order your copy of *The Extreme Massage Method* DVD set today, and get the 2 great bonus DVDs absolutely free. Then, watch them all in the comfort and privacy of your home for up to 30 days.

If for any reason whatsoever you are not entirely happy with your DVDs, then simply return the package to us within 30 days of purchase and we will issue a prompt and courteous refund.

#### No quibbles... no questions asked and no hard feelings.

Plus, and it doesn't get any better than this...

If for any reason you do decide to return your copy of **The Extreme Massage Method** DVD set, you can still keep the 2 bonus DVDs with our compliments.

That's just our way of saying thank you for a least trying this powerful and sensual massage therapy.

#### Now there's no time to waste.

Complete the enclosed Priority Reservation Form and send it off to us today.

Within just a few days from now you could be on your way to learning a skill that will change your life forever.

The Extreme Massage Method... for pleasure... for profit... for you... and all for just £59.00 including postage, packing and insurance.

Finally, I would just like to say one last thing...

#### Have fun!

Best regards,

Andrew Brown

Andrew Brown MD Belfrey Publishing

- **P.S.** Don't forget! If you send your order form to us today, we will receive it before the 3 day deadline, and you will receive the **Abs Workout** and the **3 Day Workout** DVDs absolutely free.
- **P.P.S.** Remember! A massage therapist can earn up to £50 an hour. But, if you prefer to just perform massage as a hobby, you're going to become very, very popular.
- **P.P.S.** And don't forget to tell everyone about your new massage skills, so you can get plenty of volunteers!

Belfrey Publishing The Belfrey, Kirland Bower Bodmin, Cornwall, PL30 5RA